

The Indiana Commission to Combat Drug Abuse



Behavioral Health Division

Comprehensive Community Plan

County: MARTIN

LCC Name: MARTIN COUNTY LOCAL COORDINATING COUNCIL

LCC Contact: SHEILA BOBAY

Address: 7545 OLD HWY 337 SE

City: LACONIA

Phone: 812-267-2113

Email: sbobay@indysb.org

County Commissioners: MARTIN COUNTY COURTHOUSE

Address: 129 MAIN ST/PO BOX 600

City: SHOALS

Zip Code: 47581

Vision Statement

What is your Local Coordinating Council's vision statement?

The Local Coordinating Council strives to make Martin County a county a safe and nurturing county, free of substance abuse issues.

Mission Statement

What is your Local Coordinating Council's mission statement

The Local Coordinating Council for a Drug-Free Martin County recognizes alcohol, drug abuse and problem gambling to be among the most severe and detrimental social, health and economic problems in Martin County. This abuse affects our children, adolescents, adults and older community members. Critical needs exist in the areas of prevention/education, intervention/treatment and judicial/law enforcement.

The purpose of this Council is to measurably assess Martin County's needs and existing resources, to find the gaps in our current system of resources, and to develop and implement strategies to fill those gaps to help reduce and eliminate issues dealing with substance abuse and problem gambling in our community.

Membership List					
#	Name	Organization	Race	Gender	Category
1	Chris Walker	Loogootee Schools			Education
2	Josh Green	Sheriff's Dept.	C	M	Law Enforcement
3	Don Gatwood	Samaritan Center	C	M	Treatment
4	Curt Johnson	Martin County Community Foundation		M	Prevention, Education
5	Eric Lee	Martin County Probation		M	Justice
6	Aaron Means	Police Dept.		M	Law Enforcement
7	Noel Harty	Mayor		M	Government
8	Kindra Hovis	Shoals Schools		F	Education
9	Daniel Murphy	Martin County Community Corrections	C	F	Prevention
10	Jason Holt	Department of Child Services		M	Prevention/Intervention
11	Sheila Bobay	LCC Coordinator/ITVAP		F	Administration/Prevention
12	Scott Highberger	Behind the Wire Ministries		M	Prevention/Intervention
13	Danielle Kemp	Behind the Wire Ministries		F	Prevention/Intervention
14	Melissa Courter	Loogootee Schools		F	Education
15	Meagan Shake	Youth First	C	F	Prevention
16	Dena Held	Purdue Extension	C	F	Prevention/Education
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LCC Meeting Schedule:

Please provide the months the LCC meets throughout the year:
 The LCC meets at 10:00am for one hour on the second Friday at the 4-H Grounds Community Building in Martin County. Most recently we are also offering the choice of a hybrid version virtually on a group platform. The LCC has been meeting bi-monthly in odd numbered months.

II. Community Needs Assessment

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community’s readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

Community Profile

County Name Martin County
County Population 9812 in 2020
Schools in the community Shoals Community Schools, Loogootee School Corporation

<p>Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.) Daviess County Hospital Memorial Healthcare Center Memorial Hospital</p>
<p>Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.) Samaritan Center Community Mental Health Services Mobile Wellness Unit (Good Samaritan) Some availability in surrounding counties</p>
<p>Service agencies/organizations Martin County Community Corrections ITVAP Hoosier Uplands PACE Youth First IU Center for Rural Engagement Martin Co. Community Foundation Martin Co. Aliance Purdue Extension Faith-based Organizations (Behind the Wire) Various other community service agencies</p>
<p>Local media outlets that reach the community Martin County Journal The Shoals News WBDC Radio WRZR Radio 4-H Fairgrounds Sign</p>
<p>What are the substances that are most problematic in your community? Methamphetamine, THC, Tobacco use/misuse (youth), Alcohol use/misuse, Opiate misuse</p>
<p>List all substance use/misuse services/activities/programs presently taking place in the community Court Assisted School Suspension (CASS), Jail treatment programing, Community Corrections substance use programming, referrals out to local mental health centers, Community Safe Day, Faith-based Behind the Wire, local schools programming and counseling services.</p>

Community Risk and Protective Factors

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

Risk Factors Examples: trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

Protective Factors Examples: strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.¹

Risk Factors	Resources/Assets	Limitations/Gaps
1. Adults and youth within the community have relatively easy access to illegal/illicit substances.	1. A caring and supportive community. 2. Laws and ordinances that allow for consequences. 3. Community substance misuse programs for youth and adults.	1. Scarce drug take-back events and opportunities 2. Narrow-minded awareness of drug availability being a community issue. 3. Limited harm reduction programs
2. Limited prevention and recovery resources within the community.	1. Intentional collaboration amongst criminal justice and treatment within the community. 2. Growing community awareness and support for prevention and recovery efforts. 3. Community members who have experienced substance use are taking initiative to assist those currently in recovery.	1. Limited substance abuse treatment program options. 2. Limitations specific to financial sustainability of programs. 3. Lack of education surrounding prevention and recovery resulting in stigma attached to vulnerable populations.
4. Purpetual cycle of generational substance use/misuse and criminality	1. Community schools staffing social workers and/or licensed psychologists.	1. Sustainability of funding and collaboration by community entities.

¹Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

	<ol style="list-style-type: none"> 2. Increase in pro-social activities offered within the community. 3. Collaboration between criminal justice, law enforcement, department of child and family services, school systems and mental health centers to break the generational cycle. 	<ol style="list-style-type: none"> 2. Limited perception of the many consequences of illegal/illicit substance use/misuse leading to criminality. 3. Limited education surrounding the relationship between generational use and criminality.
Protective Factors	Resources/Assets	Limitations/Gaps
<ol style="list-style-type: none"> 1. Availability of pro-social peer connections and school programming options. 	<ol style="list-style-type: none"> 1. Pro-social peer supports in schools and other youth-focused community organizations by way of programming, events and extracurricular activities. 2. Faith-based organizations provide space for youth and adults to socialize in a safe environment. 3. The majority of parents are advocating for pro-social peer connections and activities. 	<ol style="list-style-type: none"> 1. Transportation. 2. Self-efficacy deficits associated with trauma that create stress in social situations. 3. Costs incurred with programming for agencies and families.
<ol style="list-style-type: none"> 2. Collaborating entities supporting services across multi-disciplinary systematic approaches. 	<ol style="list-style-type: none"> 1. Appropriate communication between collaborating entities facilitating support services within the community. 2. The availability of wrap around services supporting parenting and child development. 3. Coalitions, groups and committees addressing illegal/illicit substance misuse. 	<ol style="list-style-type: none"> 1. Inability to appropriately communicate across disciplines. 2. Lack of awareness and/or education of social support services available within the community. 3. Inadequate participation in available services and programs.

<p>3. Rural communities are intimately tied to one another to help promote successful outcomes.</p>	<p>1. Assistance with transportation needs by way of community helping hands.</p> <p>2. Authentic relationships built on trust.</p> <p>3. Rural communities with a group mentality to assist other members of the community to reach successful outcomes.</p>	<p>1. Limited availability versus the need.</p> <p>2. Financial need for community members to work outside of the rural area which limits their time and access to assisting others.</p> <p>3. Beliefs relative to criminality and stigma can limit authentic trusting relationships within the community.</p>
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III. Making A Community Action Plan

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

Step 3: Brainstorm what can be done about each

Step 4: Prioritize your list, and develop SMART goal statements for each

Step 5: List the steps to achieve each goal

Step 1: Create + Categorize Problem Statements

Create problem statements as they relate to each of the identified risk factors.

Risk Factors	Problem Statement(s)
<p>1. Treatment options addressing substance misuse and recovery within Martin County are very limited for youth and adults.</p>	<p>1. Adults misuse alcohol, methamphetamine, marijuana and other illegal/illicit substances.</p> <p>2. Youth misuse alcohol, tobacco products, methamphetamine, marijuana and illegal/illicit substances.</p> <p>3. Vaping related incidents (possession and misuse) in Martin County schools is considered high and problematic.</p>
<p>2. There are limited preventative and recovery resources within Martin County.</p>	<p>1. There is a lack of motivation to engage in prevention and recovery resources prior to criminal activity, arrest, and/or incarceration.</p> <p>2. Due to the small population base of Martin County, there is not a wide-array of sustainable funding opportunities to establish and/or maintain prevention and recovery resources within the community.</p> <p>3. Prevention-based resources are very limited for youth in Martin County Schools.</p>
<p>3. There is a perpetual cycle of generational illegal/illicit substance misuse.</p>	<p>1. There is a lack of awareness related to multi-generational trauma and how it affects people's ability to deal with day to day stress.</p> <p>2. Youth who reside in homes in which one, or both, parent(s) have substance use/misuse issues and/or have been in the criminal justice system are at a high risk for using illegal/illicit substances.</p> <p>3. Parents and caregivers have an overall perception that youth utilizing vaping devices is more acceptable than other illegal/illicit substances.</p>

Step 2: Evidence-Informed Problem Statements

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

Problem Statements	Data That Establishes Problem	Data Source
<p>1. INTERVENTION/TREATMENT Adults and youth misuse alcohol, methamphetamine, marijuana, vaping products and other illegal/illicit substances.</p>	<p>Vaping incidents – 29 Drug screens – 15 proving 5 positives (4 – THC, 1 Methamphetamine)</p> <p>Births where mother smoked during pregnancy = 20%</p> <p>Public Health Capacity per one local Health Dept. staff member = 2,554</p> <p>Drug-related offenses from 1-2022 through 12-2022 for ages 15 to 65+ = 180 with Methamphetamine being 44 (25%) of the total.</p>	<p>As reported by Martin County High Schools 2021-2022 School year.</p> <p>IndianaIndicators.org</p> <p>https://www.in.gov/mph/projects/arrests-dashboard/</p>
<p>2. PREVENTION/EDUCATION Limited sustainable funding opportunities to establish and/or maintain prevention and recovery resources within the community, as well as a lack of engagement in prevention and recovery resources</p>	<p>General Crime related offenses from 1-2022 through 12-2022 ages 5 to 65+ = 48</p> <p>Deaths from intentional self-harm (2020) = 3</p>	<p>https://www.in.gov/mph/projects/arrests-dashboard/</p> <p>https://iprc.iu.edu/epidemiological-data/epi_table.php?table_id=t802&county=51</p>

<p>prior to criminal activity, arrest, and/or incarceration.</p>	<p>Drug related offenses 2020 = 179</p>	<p>https://www.in.gov/recovery/data/</p>
<p>3. CRIMINAL JUSTICE The cyclic nature of intergenerational trauma leads to a lack of awareness and perceived acceptance of illegal/illicit substance misuse, thereby resulting in criminal justice system involvement..</p>	<p>Children removed from home due to parent drug or alcohol abuse 2022 = 12</p> <p>Number of substance misuse treatment episodes Martin County 2022 = 17</p> <p>School suspensions or expulsions related to alcohol, tobacco and/or drug abuse 2021-2022 school year = 18</p> <p>Average number of poor mental health days per month 2022 = 5.2 (higher than the Indiana average of 4.8)</p> <p>Single householder families with own minor children= 29.1%</p>	<p>https://iprc.iu.edu/epidemiological-data/epi_table.php?table_id=t404&county=51</p>

Step 3: Brainstorm

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

Problem Statements	What can be done (action)?
<p>1. INTERVENTION/TREATMENT Adults and youth misuse alcohol, methamphetamine, marijuana, vaping products and other illegal/illicit substances.</p>	<p>1. Increase the availability of programing within schools.</p> <p>2. Referrals to community substance misuse and mental health treatment facilities.</p>

	<ol style="list-style-type: none"> 3. Mandatory smoking cessation class for youth who are ticketed for vape misuse. 4. Partnerships with other communities to refer adults and youth for treatment services that are unavailable within Martin County.
<ol style="list-style-type: none"> 2. PREVENTION/EDUCATION Limited sustainable funding opportunities to establish and/or maintain prevention and recovery resources within the community, as well as a lack of engagement in prevention and recovery resources prior to criminal activity, arrest, and/or incarceration. 	<ol style="list-style-type: none"> 1. Sharing of State and Federal grant opportunities with providers in Martin County. 2. Promote access to peer-related prevention and recovery resources within the community. 3. Develop strategies to improve the community understanding of consequences illegal/illicit substance misuse. 4. LCC members to develop a strategic plan to address the promotion of prevention and education activities within the county.
<p>CRIMINAL JUSTICE SERVICES</p> <ol style="list-style-type: none"> 3. The cyclic nature of intergenerational trauma leads to a lack of awareness and perceived acceptance of illegal/illicit substance misuse, thereby resulting in criminal justice system involvement.. 	<ol style="list-style-type: none"> 1. Trauma-informed care training for Law Enforcement and other Criminal Justice related entities. 2. Increase positive Law Enforcement engagement with youth and families. 3. Increased collaboration between the Department of Family Services and Juvenile Justice systems within the county. 4. Supportive services for those families experiencing cross-generational trauma.

Step 4: Develop SMART Goal Statements

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

Problem Statement #1

Goal 1: The Martin County LCC will see an increase of 5% of youth participating in smoking cessation classes as a result of youth being ticketed for Vaping use or possession.
Goal 2: The Martin County LCC will see a 5% increase in referrals to substance misuse treatment programs.
Problem Statement #2
Goal 1: The Martin County LCC will participate in a minimum of 2 community events to promote prevention and recovery resources available.
Goal 2: The Martin County LCC will utilize Social Media outlets to market prevention and education within the community at a minimum if 2 times per month.
Problem Statement #3
Goal 1: Martin County Criminal Justice services will attend a minimum of 2 community events to promote positive youth and family engagement and provide information for supportive services/activities within the community.
Goal 2: The Martin County LCC will sponsor 1 Trauma-informed Care training event for Criminal Justice and other community partners assisting youth and families..

Step 5: Plans to Achieve Goals

For each goal, list the steps required to achieve each

Problem Statement #1	Steps
Goal 1: The Martin County LCC will see an increase of 5% of youth participating in smoking cessation classes as a result of youth being ticketed for Vaping use or possession.	<ol style="list-style-type: none"> 1. Collaboration with community partners to promote the smoking cessation class. 2. Collaborate with schools and criminal justice to collect data. 3. Analyze data and compare with previous year.
Goal 2: The Martin County LCC will see a 5% increase in referrals to substance misuse treatment programs.	<ol style="list-style-type: none"> 1. Identify referral sources available.

	<ol style="list-style-type: none"> 2. Collaborate with community partners to promote the utilization of the services. 3. Collect, analyze and compare data with the previous year.
Problem Statement #2	Steps
Goal 1: The Martin County LCC will participate in a minimum of 2 community events to promote prevention and recovery resources available.	<ol style="list-style-type: none"> 1. Communication with community partners for event purpose, dates and locations. 2. Voting members of LCC to choose the events to participate in as they relate to our problem statements. 3. Martin County LCC members will attend approved events
Goal 2: The Martin County LCC will utilize Social Media outlets to market prevention and education within the community at a minimum if 2 times per month.	<ol style="list-style-type: none"> 1. Researching posts appropriate for targeted audiences. 2. Social media administrators will discuss possible engagement posts. 3. LCC administrators will post information on social media platforms.
Problem Statement #3	Steps
Goal 1: Martin County Criminal Justice services will attend a minimum of 2 community events to promote positive youth and family engagement and provide information for supportive services/activities within the community.	<ol style="list-style-type: none"> 1. Collaboration with Criminal Justice and the LCC to identify appropriate events 2. Martin County LCC will track events attended by Criminal Justice partners. 3. Martin County LCC will support entities by providing materials and information related to youth and family engagement and supportive services.

<p>Goal 2: The Martin County LCC will sponsor 1 Trauma-informed Care training event for Criminal Justice and other community partners assisting youth and families..</p>	<ol style="list-style-type: none"> 1. Speak with possible educators in Trauma-informed care. 2. Collaborate with Criminal Justice entities to promote training attendance. 3. Martin County LCC will secure a location, date and time for training and host.
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IV. Fund Document

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

Funding Profile		
1	Amount deposited into the County DFC Fund from fees collected last year:	\$1909.86
2	Amount of unused funds from last year that will roll over into this year:	\$17,439.26
3	Total funds available for programs and administrative costs for this year (Line 1 + Line 2):	\$19,349.12
4	Amount of funds granted last year:	\$ 6,612.00
Additional Funding Sources (if no money is received, please enter \$0.00)		
A	Substance Abuse and Mental Health Services Administration (SAMHSA):	\$0.00
B	Centers for Disease Control and Prevention (CDC):	\$0.00

C	Bureau of Justice Administration (BJA):	\$0.00
D	Office of National Drug Control Policy (ONDCP):	\$0.00
E	Indiana State Department of Health (ISDH):	\$0.00
F	Indiana Department of Education (DOE):	\$0.00
G	Indiana Division of Mental Health and Addiction (DMHA):	\$0.00
H	Indiana Family and Social Services Administration (FSSA):	\$0.00
I	Local entities:	\$0.00
J	Other:	\$0.00
Categorical Funding Allocations		
Prevention/Education: \$6000.00	Intervention/Treatment: \$5000.00	Justice Services: \$6000.00
Funding allotted to Administrative costs:		
<i>Itemized list of what is being funded</i>		<i>Amount (\$100.00)</i>
Coordinator compensation		\$2000.00
Office supplies		\$349.12
Funding Allocations by Goal per Problem Statement:		
Problem Statement #1	Problem Statement #2	Problem Statement #3
Goal 1: \$3000.00	Goal 1: \$3000.00	Goal 1: \$4000.00
Goal 2: \$3000.00	Goal 2: \$2000.00	Goal 2: \$2000.00